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Brief Curriculum Vitae

EDUCATION:

- 1959 - 1963 BA University of California at Los Angeles
Graduated with Honors
1976 - 1979 MA California State University, Northridge
Graduated with 4.0 grade point average

CERTIFICATION:

- 2005 Healing from the Body Level Up, Level I
2005 Healing from the Body Level Up, Brief Limiting Identities
2004 The Reconnection, Level I/II
2000 Emotional Freedom Techniques (EFT)
1997 Thought Field Therapy™ - Levels I & II
1995 American Red Cross - Introduction To Disaster (ARC 3066) & Disaster Mental Health Services I (ARC 3077)
1995 EMDR (Eye Movement Desensitization and Reprocessing) Levels I & II
1987 Hypnotherapy Certificate
1980 Marriage and Family Therapist, California State Board of Behavioral Science
1980 General Elementary Life Credential, California State Board of Education
1963 General Elementary Credential, California State Board of Education

TRAINING - PARTIAL LIST:

- 2011 Spirit Guided Creative Art Day
2011 Merging the Artist's Way and the Counselor' Way to Deepen the Benefit of Psychotherapy
2011 An Introduction to Neuro-feedback
2011 Trauma Response Network Meeting Training
2010 The Bio-psychosocial Basis for Substance Abuse and Implications for Treatment
2010 Psychotropic Medication and the Collaboration between MFTs and Psychiatrists
2010 Emotionally Focused Couples Therapy
2009 The Soul of Ethics
2009 Educational Consulting
2008 Ethical and Professional Methods of Promoting Your Practice
2008 Promote your Practice to a Self-Pay Clientele
2008 Association of Humanistic Psychology Conference
Energy Medicine with Donna Eden and David Feinstein
2007 Anxiety Disorders: Research, Diagnosis and Treatment
2007 "You Said What?" – Becoming a Better Supervisor
2007 I Hate It When that Happens. . ." Law & Ethics for California MFTs
2005 In the Eye of the Storm, Trauma Response Training
2005 Aging and Long-Term Care
2005 Healing from the Body Level Up, Level 1 and Limiting Identities

- 2004 The Reconnection Healing - Level I/II, Eric Pearl
- 2004 Clinical Supervision: Beyond the Basics
- 2004 Law and Ethics Update (including HIPAA Compliance Made Easy)
- 2003 Breakthroughs in Energy Psychology - The Fifth Annual Energy Psychology Conference - EC-2003
- 2003 Emotional Freedom Technique (EFT) and Borrowing Benefits with Gary Craig
- 2001 Hot Topic is Sexuality - CAMFT (California Association of Marriage & Family Therapist)
- 2000 Part I, Part II and Part III Supervision of Interns - CAMFT (California Association of Marriage and Family Therapist)
- 2000 Practical and Effective Approaches to Pain Control with Hypnosis
- 2000 Divorce and Co-Parenting
- 2000 EFT (Emotional Freedom Techniques)
- 2000 Making Trauma Therapy Safe
- 2000 Energy Psychology for the New Millennium, ACEP - Association for Comprehensive Energy Psychology
- 1999 Discovering the Inner Critic with Anesthetic Therapy, SFV-CAMFT (San Fernando Valley-California Association of Marriage and Family Therapists)
- 1999 The Supervision Process, Philips Graduate Institute
- 1999 Humanistic Psychology in the New Millennium, SFV-CAMFT
- 1999 Pharmacology and Your Clients, SFV-CAMFT
- 1998 Assessment and Treatment of HIV/AIDS
- 1998 Chemical Dependency - Drug and Alcohol Counseling
- 1998 Domestic Violence - Los Angeles County Domestic Violence Council
- 1998 Recognition and Bio-psychosocial Treatment of OCD
- 1998 Attachment; Infant-Toddler Development & Adult Psychotherapy
- 1997 Thought Field Therapy™ - Levels I & II
- 1996 AAMFT Supervision of Supervision Training Course, California Family Study Center, North Hollywood, CA
- 1995 EMDR (Eye Movement Desensitization and Reprocessing) Levels I & II
- 1993 Shame Reduction: A Clinical Training in Non-Shaming with Kip Flock of the Bradshaw Center
- 1988 - 2000 Shamanic Healing and Consciousness Development with Michael Harner, Sandra Ingerman, Brooke Medicine Eagle, Richard Emilienburg
- 1993 Brief Solution Therapy with Mark Mitchell
- 1992 Writing Class with George Leonard
- 1991 African Drumming with Olatunji at Esalen
- 1990 Three Healers Seminars with Dennis Adams, Patrick Collard & Don McFarland
- 1989 Past Life Regression with Bettye Binder
- 1989 - 1991 Hellerwork with Joseph Heller
- 1988 Hypnosis Training with Irving Katz, PhD.
- 1987 Hypnosis Supervision with Irving Katz, PhD.
- 1987 Focusing Workshop with Lucinda Gray, PhD.
- 1987 Tantra Yoga Workshop with Charles and Caroline Muir
- 1987 Intention Training with Margaret and Jordan Paul, PhD.
- 1987 - present Ethno-psychiatry and Shamanistic practices, with several Peruvian shaman
- 1986 Hypnosis Training, Spear Clinic
- 1986 Holotropic Integration with Curt Batiste
- 1985 -1986 Gestalt with Stella Resnick, PhD.
- 1985 -1990 Shamanistic Psychology and the Native American Way, Lynn Andrews and O'Shinnah
- 1984 Firewalk and Neuro-linguistic Programming with Tony Robbins
- 1983 Psychic Surgery in the Philippines with six healers
- 1983 Self-Esteem Seminars and Loving to Learn, with Jack Canfield
- 1980 -1987 Spiritual Conferences with Swami Muktananda, Richard Moss; Insight Seminars, Personal Effectiveness Training, Prana Theological Seminary with John Roger
- 1976 -1980 Bindrim Institute under supervision of Paul Bindrim, PhD.
Reichian bodywork and bioenergetics

1975 -1977 Freeman Institute under supervision of AI and Evelyn Freeman.
Rational-emotive therapy, gestalt therapy, Satir, family reconstruction, transactional analysis.

POSITIONS:

2005 - 2006 San Fernando Valley Counseling Center - Supervisor for Interns and Paraprofessionals
2003 - 2004 Association of Comprehensive Energy Psychology- Education Director (Volunteer)
2002 - 2003 Pierce Junior College - Supervised Interns for At Risk Students
1999 - present CSUN, California State University, Northridge, Dept. of Psychology
Taught many classes in their Saturday sampler program
1999 - 2003 Learning Tree University/ Chatsworth, CA
Classes on The Vampire Relationship Pattern, Women in Transition,
Relationships, Energy Patterns, Between Mothers and Daughters
1997 - 2003 Learning Annex/ Los Angeles, CA
Classes for Singles, Sacred Sexuality, and the Relationship Drain Game
1987- present An Awakening Center™ (formerly PsychoShamanism) Van Nuys, CA
Director. Plan, promote and direct all programs. Individual and group therapy.
Professional training. Combine 45 modalities from traditional and alternative
therapies.
1987 - 1989 Everywoman's Village/ Van Nuys, CA
Classes on Relationship, Empowerment and Codependency
1963 - 1984 Elementary Teacher, Los Angeles Unified School District
1976 - 1984 Director of Professional Training, Bindrim Institute Hollywood, CA
1985 Santa Monica City College/Santa Monica, CA
Pierce Junior College/Woodland Hills, CA
Antioch College/Santa Monica, CA
Seminars, classes, and lectures on relationships, Reichian therapy, and Women of
Today.

CEU OFFERINGS:

2012 Treating Depression with Energy Psychology
2011 Successfully Surviving Stress
2011 Healing the Relationship Drain Game
2011 New Ways to Treat Anxiety
2011 Living Success and Abundance Class
2011 Healing Your Heart Intensive
2010 Turning Holiday Blues to Bliss
2010 Healing Heart Wounds – Opening to Love Class
2010 Inner Guidance Energy Techniques for Love and Wealth Class
2010 Treating Money Anxiety Disorder
2009 Treating Depression with Energy Psychology Methods
2009 Treating Anxiety with Energy Psychology Methods
2009 Contacting Inner Guide for You and Your Clients
2009 Treating Depression with Energy Psychology Methods
2009 Manifesting Wealth and Prosperity Class
2009 Success and Abundance Through Turbulent Times Class
2008 Healing the Father Wound Class
2008 Success and Abundance with EFT and Hypnosis Class
2007 Embracing the Power of Your Shadow
2007 Power and Peace for the Busy Person Workshop
2007 Embracing the Power of Your Shadow Workshop
2007 7 Steps to Peak Performance
2006 EFT (Emotional Freedom Technique) for Anxiety and Depression

- 2006 The Spiritual Warrior Workshop – Balancing Love and Power
- 2005 - 2008 Awakening Your True Power Class
- 2005 Healing the Mother Wound Workshop
- 2005 AHP (Association for Humanistic Psychology)
Energy Psychology and Shamanism for Healing
- 2004 Ending the Body Battle with Energy Psychology
- 2004 6th Annual International Energy Psychology Conference
Using Energy Psychology to Bring Cooperation Between Sub-Personalities
- 2004, 2006 Healing Your Heart Workshop
- 2002 SFV-CAMFT, Deepening Creative Connections-Balancing the Masculine and
Feminine
- 2002 CSUN Marriage & Family Therapist Alumni/Student Network
Combining Multi-Modalities to Enrich Yourself as a Therapist
- 2002, 2003 EFT for Anxiety and Depression Workshop
- 2001 Embracing Abundance and Soul Class
- 2001, 2008 Healing the Inner Child Workshop - Class
- 2000 - present Basic Emotional Freedom Technique Workshop
- 1999 - present CSUN (California State University, Northridge) Dept. of Psychology
Discovering Joy During Stressful Times
Treating Anxiety with Energy Psychology
Healing the Relationship Drain Game,
The Shaman and the Psychotherapist
The New Energy Psychotherapies
The Spiritual Warrior: Balancing Love & Power
Energy Psychology and Basic Emotional Freedom Techniques Introduction
Healing the Heart with Hypnosis and Emotional Freedom Technique
The “Secret” Your Clients Want You to Know About
Hypnosis and EFT for Children
- 1997 Intern/Supervisor Connection
SFV-CAMFT, A Journey of Hearts and Minds

PUBLICATIONS:

- 2009 Using Heart Energy to Create Wealth
- 2009 Stress Success Quickies – Internet
- 2002 Women's Yellow Pages - Is Your Therapist Listening to Your Soul?
- 2001 Whole life Times- TFT/EFT Case Study and History
- 2000 Whole Life Times-The Shadow and Relationship -Through the Glass Darkly
- 1999 Whole Life Times- Relationships and Communication
- 1997 Book, *Are You In Love with a Vampire? Healing the Relationship Drain Game*, An
Awakening Publishing Company
- 1991 The Relationship Dance: Healing Addictive Relationship Patterns - audio tape
- 1988 The Feminine Warrior: Balancing Male/Female Energy - audio tape
- 1988 - present 12 articles on relationship, empowerment, healing, codependency, and vampiring
relationship patterns.

PRESENTATIONS:

- Association for Humanistic Psychology – 2005, 2008
- Association for Comprehensive Energy Psychology Conference - 2001, 2002, 2003
- Association for Transpersonal Psychology
- California Association of Marriage and Family Therapists:
San Fernando Valley Chapter
Ventura Chapter, Keynote speaker

Intern Connection "Developing Presence"
California State University, Northridge
National Association Council on Alcoholism
Society for the Scientific Study of Sex
Association for Past-Life Research and Therapies
The Learning Annex
Dracula '97 Conference - academic presenter
Whole Life Expos - Los Angeles, Pasadena, Las Vegas, Denver, Austin, Atlanta
Body, Mind, and Spirit Festival and Expos in Los Angeles, CA area
Conscious Life Expo in Los Angeles, CA
Singles Expo